# Tips for the harvest and supply of food-safe seafood

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## Microbiological contaminants: keep it cool

- Keep it nice, put it on ice!
- Practice good hygiene when processing
- Cooking destroys bacteria
- Water quality = shellfish quality do not collect shellfish near marinas, stormwater outfalls, areas with septic tanks, or recent heavy rain
- Quality control: seafood in shops and restaurants is safe to eat



### Biotoxins & mercury

- Well established phytoplankton & biotoxin monitoring program
- Public warnings (Health Department)









• Mercury – limit consumption of gamefish to 1 serve per week







### Take home messages

- There are key things that we can do to ensure peak quality seafood – to keep it nice, put it on ice!
- Biotoxin monitoring programs are well established & public health warnings available for recreational fishers.
- Seafood in shops and restaurants is safe to eat.
- You can find further information, such as fact sheets & technical reports on the SafeFish website: <u>www.safefish.com.au</u>

Thank you

